



# INSTITUCIÓN EDUCATIVA LENINGRADO

Resol. No.2285 de mayo 02 de 2011 Jornada Diurna

Resol. No. 3212 de Julio 01 de 2011 Jornada Nocturna

NIT 816.002.832-0 DANE 166001002886



TALLER No

1

NOMBRE DEL TALLER: NIVELACION

- **ÁREA:** Ingles
- **DOCENTE:** María Elena Muñoz Muñoz
- **GRUPO:** 7o
- **FECHA:** Abril 2026

## FASE DE PLANEACIÓN O PREPARACIÓN

**COMPETENCIA:** • Ask for and give information  
 • Talk about situations, phenomena and events  
 • Make recommendations and suggestions

**EVIDENCIA DE APRENDIZAJE:** » I can give and ask for information.  
 » I can describe situations, phenomena and events.  
 » I can make recommendations and suggestions

## FASE DE EJECUCIÓN O DESARROLLO

**INSTRUCCIONES:** I can discuss natural resources and their uses.

## TEORÍA

**Actividad uno:** El estudiante leerá el artículo y llenará la tabla con la información.

### A Day in the Life of ...

Hello, everyone! My name's César and I'm from Valledupar in the north east of Colombia. My home town is really beautiful and the weather is always hot!

I'm always really happy to go to school and I never get bored, because I get on very well with all my classmates and teachers and we have lots of fun!

Sometimes I'm tired and sleepy, because I wake up at 5 o'clock in the morning to do chores for my mum, but helping her makes me feel happy! At 6 o'clock I have breakfast, then, I ride my bike to school and at 7 o'clock I start classes! After school, I'm really tired, so I have a rest. But in the afternoon, around 3 o'clock I feel more motivated and ready to study, so I do my homework 😊. I usually finish my homework about 5 o'clock, and because I'm usually still feeling energetic, I go to basketball practice with my school team. I love playing basketball, but I'm disappointed if we lose; but then I go for a walk and I always feel better!





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When	How he feels	What he does
5 a.m.		
After school		
3 p.m.		
After 5 p.m.		
Lose a match		

**Actividad dos:** Los estudiantes leerán el siguiente artículo y completarán el mapa mental.

The first Paralympic Games were in Rome, Italy, in 1960. 400 athletes from 23 countries competed. The 2016 Paralympic Games were in Rio, Brazil, and approximately 4,350 athletes from over 160 countries competed.

These amazing world-class athletes competed in 117 very exciting events, for example, basketball, cycling, tennis and swimming, but they played in wheelchairs and had bionic legs or arms! Paralympic athletes all have one thing in common: motivation!

The Colombian Paralympic athletes won a total of 17 medals at Rio: 2 gold, 5 silver and 10 bronze! A fantastic result!

Both spectators and competitors at the events all shared the same feelings of excitement and happiness and the atmosphere was electric!

The Paralympic Games in Rio demonstrated important values, for example, respect, honesty, responsibility, cooperation and teamwork. These Games and all the fantastic athletes taught us that we are all important and equal.



## CHARACTERISTICS OF THE PARALYMPIC GAMES

ideas and fo  
thought

### Competitors

people with  
bionic arms  
and legs  
1...

### Events

basketball  
2...  
3...  
4...

### Colombian medals

2 gold  
5...  
6...

### Feelings

motivation  
7...  
8...

### Values

cooperation  
9...  
10...  
11...  
12...

**Actividad tres:** Leer el siguiente texto y escoger las respuestas correcta de las preguntas.

Wolfgang Amadeus Mozart was born in 1756 in Salzburg, Austria. He was a very prolific musician: he composed hundreds of musical pieces, including operas. He mainly played the piano and the violin. Wolfgang Amadeus Mozart demonstrated great skill from when he was little. He began to compose when he was 4 years old in 1760. His father Leopold was his tutor. He and his family travelled a lot because, when the young boy was 17, he started playing for people in the courts of Vienna, Paris and London. Wolfgang Amadeus Mozart created beautiful pieces, but he died very poor in 1791. Nowadays, people continue to listen to his wonderful music and he is one of the most famous musicians in history.



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11. Where was Wolfgang Amadeus Mozart born?  
a. He was born in Germany.    b. He was born in Austria.    c. He was born in France.
12. What did he do?  
a. He was a writer.    b. He was a mathematician.    c. He was a musician.
13. In the text, the word 'prolific' means ...  
a. that he was very intelligent.    b. that he produced many works of music.    c. that he played different musical instruments.
14. How old was he when he began to compose?  
a. He was 17 years old.    b. He was 35 years old.    c. He was 4 years old.
15. Why did he travel a lot?  
a. Because he played for people in different courts.    b. Because he studied music in different places.    c. Because he was very rich.

Actividad 4. Read Camila talking about her personal hygiene routines and complete the chart.

## Audio Script

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**Girl:** Good morning everyone.

Today I'm going to tell you about my personal hygiene routines. I always have a shower in the morning, every day. But I only wash my hair sometimes. I often brush my teeth twice a day. I don't always keep my nails clean and cut short, only sometimes. I always change my clothes every day. I have to confess, I never wash my hands before I eat, but I **do** wash my hands after I use the **toilet!** I always use deodorant after I have a shower.



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Personal Hygiene Routines				
Action	Always	Often	Sometimes	Never
a. have a shower				
b. wash hair				
c. brush teeth				
d. keep nails clean and short				
e. wear clean clothes				
f. wash hands before you eat				
g. use deodorant				

Activity 5. Answer the questionnaire about your personal habits and routines. Then, think about your answers and decide how you can develop your healthy habits and routines.

How healthy are your habits and routines?				
How often do you ...	Always	Often	Sometimes	Never
a. eat fruit and vegetables?				
b. play a sport?				
c. sleep eight to nine hours?				
d. have a shower?				
e. eat carbohydrates?				
f. brush your teeth?				
g. drink water?				
h. go for a walk?				