



INSTITUCIÓN EDUCATIVA LENINGRADO

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TALLER No Mayo

NOMBRE DEL TALLER: What is an Eating Disorder?

- **ÁREA:** Inglés
- **DOCENTE:** María Elena Muñoz Muñoz
- **GRUPO:** 8°
- **FECHA:** 1 de mayo 2025

FASE DE PLANEACIÓN O PREPARACIÓN

COMPETENCIA: Describe minor illnesses and give suggestions

EVIDENCIA DE APRENDIZAJE: I can describe symptoms of eating disorders and express conditions.

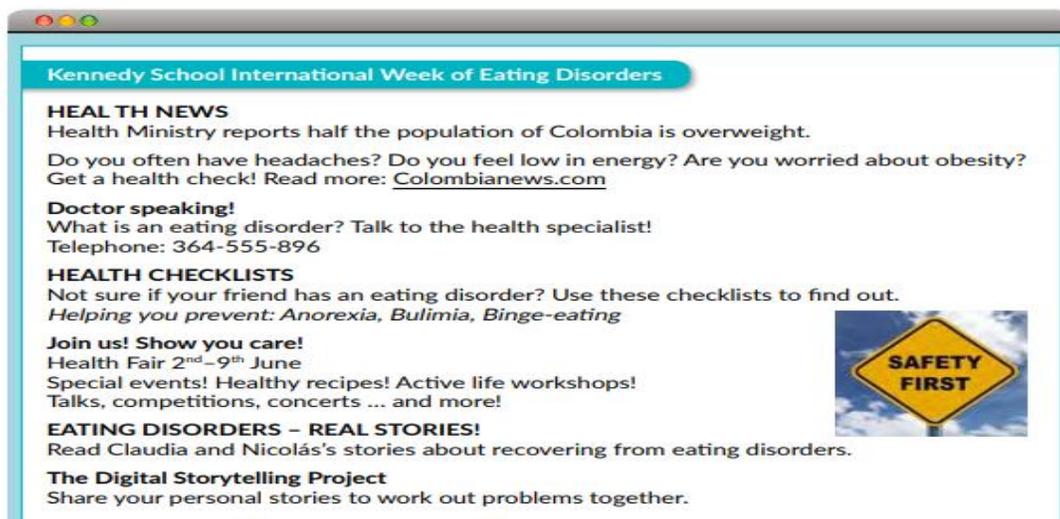
FASE DE EJECUCIÓN O DESARROLLO

INSTRUCCIONES: Lectura de la página 50 del libro Go to way 8 grado.

Actividad uno: Los estudiantes leerán la información del email y responderán las preguntas del punto uno.

1.  **Read** » It is the International Week of Eating Disorders at Kennedy School. The school has created a webpage to inform students about the activities. Read the webpage and answer questions a–d.

- There's a health fair at the school. When is it? *From 2nd to 9th June.*
- Where can you find information about being overweight in Colombia?
- Where can you find information about the symptoms of anorexia?
- How can you contact a health specialist?



Kennedy School International Week of Eating Disorders

HEALTH NEWS
Health Ministry reports half the population of Colombia is overweight.
Do you often have headaches? Do you feel low in energy? Are you worried about obesity?
Get a health check! Read more: Colombianews.com

Doctor speaking!
What is an eating disorder? Talk to the health specialist!
Telephone: 364-555-896

HEALTH CHECKLISTS
Not sure if your friend has an eating disorder? Use these checklists to find out.
Helping you prevent: Anorexia, Bulimia, Binge-eating

Join us! Show you care!
Health Fair 2nd–9th June
Special events! Healthy recipes! Active life workshops!
Talks, competitions, concerts ... and more!

EATING DISORDERS – REAL STORIES!
Read Claudia and Nicolás's stories about recovering from eating disorders.

The Digital Storytelling Project
Share your personal stories to work out problems together.



4.  **Read »** Look at the poster. Match the photos (a-e) with the phrases.



eats too little

eats in secret

worries too much about their weight

can't control their eating

vomits after eating

Do you care about your friends?
These are some symptoms or signs of a possible eating disorder. If your friend ...

- a. eats in secret
- b. _____
- c. _____
- d. _____
- e. _____

... he/she may have an eating disorder!

5.  **Listen »** Listen to Jaime and Andrea talking about Nicolás. Complete the sentences with the correct adverb.

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always usually often sometimes hardly ever never

Andrea thinks that Nicolás ^a _____ eats in secret, but ^b _____ he can't control his eating. In Jaime's opinion, he ^c _____ worries about his weight. Also, he ^d _____ vomits after eating.

Actividad dos: Look at the poster. Match the photos (a-e) with the phrases point 4.

Actividad Tres: La docente explicara los adverbios de frecuencia. Seguidamente leerá el scrip de Andrea hablando sobre Nicolás. Los estudiantes deberan completar los espacios en blanco con las palabras claves

EJEMPLOS:



FASE DE EVALUACIÓN

Actividad a Evaluar: Los estudiantes escribirán en el cuaderno el texto del punto 5 y llenaran los espacios en blanco con los verbos que están entre paréntesis en la forma pasado simple.

B. Los estudiantes socializaran con un compañero las preguntas del punto 6, dando respuestas a las mismas.

5.  **Write »** This text describes how Claudia recovered from an eating disorder. Complete the text with the Past simple form of the verbs (a-i).

A few years ago Claudia (not feel) ^a _____ good about her body shape and her weight. She (decide) ^b _____ to go on a diet without any specialist help. Time (pass) ^c _____ and Claudia (continue) ^d _____ eating less and less food. She (start) ^e _____ to feel really bad. She also (avoid) ^f _____ her friends when they (have) ^g _____ plans to go out. Claudia (feel) ^h _____ really lonely. But one day, Claudia had to go to the hospital. Fortunately, Claudia got medical help. When her mother came to the hospital, Claudia (realize) ⁱ _____ that she was not alone.

6.  **Speak »** Discuss the questions about Claudia's story with a partner.

- What caused her eating disorder?
- What did she do to deal with her problem?
- How did the eating disorder affect her?
- What kind of eating disorder do you think she has?
- What will happen if she doesn't talk to her mother?